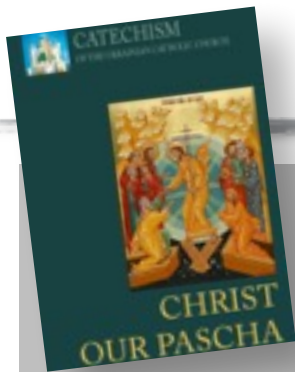


So hundred yes that's good adamant that are you are you still exercising



Excerpt from *Christ Our Pascha*

Anaphora of the Liturgy of Saint Basil the Great

The Church proclaims to the human race the presence of the Risen Christ within history, and manifests this presence in her liturgical prayer. This happens when the faithful remember the historical events of the Passion and Resurrection and thus become witnesses and communicants of the new life in Christ: “ [Historical] truth and the solemnity [celebration of it] are not at variance.” In the Communion of the Body and Blood of the Lord, the Church shows herself to be the one Body of Christ (see Eph 1:23). (#6)