



Excerpt from ***Christ Our Pascha***

The Holy Spirit Revealed in the Holy Scriptures

In the Holy Scripture, the word *spirit* (in Hebrew, *ruah*) shares a common route with the verb *to breathe*. It means *breath*, *wind* and *air*. Even life is dependent upon breathing, and when breathing ceases, life ends. We are not masters of our own lives - God gives us life by the *life-giving Spirit*. (# 93)